

VOLLEYBALL

The Diocese does not oversee any tournament nor determine the playing rules for such tournaments. This is under the sole discretion of the hosting schools. Participation in tournaments is not mandatory.

To insure the safety of Catholic school students, if the majority of the schools are closed due to inclement weather all the tournament games are to be cancelled.

I. The current **National Federation Official High School Volleyball Rules** are used and followed except as modified below.

A. Special Rules:

1. Coaches are responsible for playing every player during the match as equally as possible.
 2. A team will consist of six (6) players and substitutes. Three boys at a time (but not more) may be on the court.
 3. At least five (5) players must be present with no side out awarded.
 4. A match will consist of the best of three (3) games. First two (2) games will be played to twenty-five (25) points. Third game will be played to fifteen (15) points.
 - a. Winner must be ahead by two (2) points with a thirty (30)-point cap.
 - (1) The Home team must provide an adult score keeper, an adult gate person and an adult line judge. High school students are acceptable.
 - (2) The Visiting team provides an adult score keeper and an adult line judge. High school students are acceptable.
 - (3) The serving order and positions on the court at service shall be an alternation of boy and girl.
 5. All players must wear kneepads both at practice and at games.
 6. 6th Grade Only – Server is limited to five consecutive serves. After the 5th serve, a side-out is called and the serve is given to the other team (no point is awarded).
 7. No athlete may play or practice while wearing any type of cast.
 8. Numbers should be on back of the uniforms.
- B. All games must start on time.

1. A warm-up will be allowed only if there is time remaining before start time.
2. Scheduled time is forfeit time for the first game of the match.

3. Fifteen (15) minutes from scheduled start of the game is forfeit time for the match.

C. A player may play on only one team in the same sport.

II. The Diocesan Interscholastic Sports Program purpose and guidelines must be studied, promoted and observed.

III. Diocesan Interscholastic Sports Program Rules of Participation

A. **General Rules** -- Team Eligibility Requirements:

1. Coaches, or their representatives, are required to attend the coaches' meeting and clinics.
2. Players may be added during the season by submitting the player's name, birth date, and uniform number to the local Sports Coordinator.
3. The fee is due at the coaches' clinic. The official team rosters are due the day of the first game.
4. **The official has total control of the game and the spectators.**
5. Uniform shorts must be regulation physical education style and length (i.e., no "bun-huggers").
6. The Home team is responsible for leading the prayer before the match.

B. **Playing Rules** -- Game Day Responsibilities:

1. The Home team is listed second on the schedule and is responsible for:
 - a. providing the adult scorekeeper and gatekeeper.

Failure to provide volunteers will result in game forfeiture.

2. All games will be played as scheduled. If a team must forfeit a game, the local sports coordinator will notify the Diocesan Sports Coordinator. If notification occurs less than 24 hours prior to the scheduled game, the school canceling the game will pay for the officials.
3. Each coach will provide the official game roster of players to the scorer and the before the match.
4. Each team shall provide adult line judges.
5. The serving order and position on the court at service shall be an alternation of boy and girl or vice versa.

C. Player Personnel:

1. A minimum of 8 players is needed to field a team.

If a school has more than one team per grade level, the teams must be divided as equally as possible by skill ability (no "A" and "B" teams).

2. A player may play in an older division or a higher grade.

A player may play on only one team with these exceptions:

- A player may substitute for a single game so that a team will not have to forfeit, but may not play in more than one game on any given day and may move up only if the higher team would have five (5) or fewer players.
- A school that has more than one team on the same grade level may not substitute a player to either team.
- A player may play on only one team. Once a player has participated in three (3) games by substituting, that player may not return to the original team and must be added to the new roster.

3. Fifth grade students may move up with:

A. Principal approval

B. A fair and equal method of selection is used.

D. Admission:

An admission fee of \$3.00 per person (grades 9-adult) and \$2.00 for any student (K-8) will be charged for all indoor sports. No in and out/readmission allowed.